# THE INTERNATIONAL COUNCIL OF NURSES.

#### THE VISION SPLENDID.

### By Miss Margaret Breay, S.R.N., F.B.C.N.

It is just thirty-eight years since the foundations of the International Council of Nurses were well and truly laid, so well and so truly that they have borne with ease and success the great superstructure which has been imposed

upon them.

To-day national Associations of Nurses in twenty-nine countries, which thirty-eight years ago were all but non-existent, are bound together in professional unity and international friendship in the International Council of Nurses, "the essential idea for which the Council stands being self-government of nurses in their associations with the aim of raising ever higher the standards of education and professional ethics, public usefulness and civic spirit of their members," and we can point with pride to the thousands and thousands of nurses around the world who through this Council—the first Association of professional women to be organised on international lines—are striving to translate this idea into practical action.

For the enlightenment of nurses of the younger generations who may be hoping to attend the Congress of the I.C.N. in London this month, it may be well to recapitulate briefly the circumstances under which the Council was founded and some of the more important and impressive features of the Congresses organised under its authority.

The idea originated with Mrs. Bedford Fenwick, to whose vision, initiative, and genius for organisation the Nursing Profession owes so great a debt. Brought by her before the Annual Conference of the Matrons' Council of Great Britain and Ireland in London, in July 1899 (presided over by the late Miss Isla Stewart) and unanimously approved, an Executive Committee was at once formed, mainly of the Hon. Members of the Matrons' Council in various countries, and through correspondence at once got to work. The Committee had the supreme good fortune to secure as its Hon. Secretary Miss Lavinia L. Dock, of the United States of America, and to her rare personality, unceasing work, literary ability, and unique gifts, the development of the Council is largely due. Several times she crossed the Atlantic in its interests, and her stimulating friendliness especially to nurses in those countries struggling for better onditions against autocratic power had to be experienced to be fully appreciated.

In 1901 organisation was so far advanced that, upon the suggestion of Mrs. Bedford Fenwick, and by cordial invitation of the Buffalo Nurses' Association, U.S.A., a business meeting of the Foundation Members of the I.C.N., and a Nursing Congress, was held during the great Exhibition in that city, its organisation being undertaken by Miss Dock, and Miss M. Agnes Snively, of Canada. It was an immense success, and a Constitution for the I.C.N. was adopted. On a postal vote Mrs. Bedford Fenwick was elected President, Miss Dock Hon. Secretary, Miss Snively Hon. Treasurer, and plans were made to meet in Berlin in

1904.

## BERLIN, 1904.

Up to 1904 the Council consisted of individuals, but at the Berlin meeting at which Mrs. Bedford Fenwick presided, there was introduced to the meeting Sister Agnes Karll, organiser, and later President of the German Nurses' Association, then in process of formation, who welcomed those present to Berlin with great kindness, hospitality and professional good will. Then and there, mutual respect and friendship ensued, a friendship which notwithstanding the troublous times, in after-coming years, held firm till the day of her death.

In Berlin the federation of National Associations of Nurses first took place, the National Council of Great

Britain, the American Nurses' Association and the German Nurses' Association being accepted as members—the only National Associations of Nurses whose organisation was at that time sufficiently advanced to make such federation possible. It had been decided that the meetings of the I.C.N. should take place quinquennially, and, in Berlin, it was arranged that the next meeting should be held in London in 1909.

### PARIS, 1907.

Later, however, there was a general feeling that the period was too long, and Mrs. Bedford Fenwick and Miss Isla Stewart visited Paris in 1907 with the object of arranging an Interim Conference. On that historic occasion they first met the late Mlle. L. Chaptal, later the President of the National Association of Trained Nurses of France, and from 1929 to 1933 the President of the International Council of Nurses, and through her good offices secured the interest of M. Mesureur, the Director-General of the Assistance Publique, and of M. André Mesureur, his Chef de Service.

The kindness and assistance of the Director-General are an ineffaceable memory. He opened the Conference, and throughout the week, ably supported by his Chef de Service, kept in close touch with its proceedings.

The participants in the Conference were most notable. The large contingent from Great Britain was led by Mrs. Bedford Fenwick, with Miss Isla Stewart, genial and full of joie de vivre. From the United States Mrs. Hampton Robb, a striking example of beautiful, happy womanhood; Miss M. Adelaide Nutting, earnest and forceful; Miss A. W. Goodrich, witty and charming; dear Miss Dock and manother. Paris gave us Mlle. Chaptal, a large contingent of nurses from the hospitals of the Assistance Publique, with Mlle. Jaques, Matron of the new Nursing School at the Salpetrière Hospital, and Mme. Alphen Salvador, most gracious and generous of hostesses; and from Bordeaux came Dr. Anna Hamilton with a contingent of nurses from the Florence Nightingale School in that city, and Dr. Lande the distinguished physician who had so nobly supported nursing reform in France. Notable from Germany was Sister Agnes Karll, for "character makes happenings wherever it goes," well supported by compatriots. Notable also was the Paris Conference inasmuch as Baroness Mannerheim, then unknown in the International world, came upon the platform and discovered herself to the audience whom she thrilled by relating with simplicity and charm, the existence in Finland of a well organised Association of Nurses, and its remarkable record of work.

On the Social side the Conference was no less memorable. A Reception at the beautiful Hotel de Ville, when the officers of the Council were invited to inscribe their names in the Golden Book reserved for the signatures of notable visitors gave official and municipal recognition to its importance. Of particular interest was the Reception at the official opening by the Director-General of the Assistance Publique of the new Nursing School at the Salpetrière Hospital, where in the great Hall crowded to its utmost capacity, surrounded by the distinguished heads of the hospitals throughout the Service, M. Mesureur in felicitous terms, welcomed the members of the Conference; and Mrs. Bedford Fenwick, on its behalf, expressed deep gratitude for the unforgettable kindness with which it had been received not only at this historic hospital but throughout the week. The Banquet at the Hotel Continental at the close of the Conference was the first of those wonderful occasions which have been such an inspiring feature of our International Congresses, cementing friendships which have proved enduring and fruitful, adding to the joy of life.

Visits to Chantilly, to Versailles, and other historic and lovely spots added further to the wonder and pleasure of the members of the Conference—an abiding and treasured memory.

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